

SAINT E PREMTE



St. E Premte Albanian Orthodox Church

10716 Jasper Ave, Cleveland, OH 44111

stepremte.org

Victor Thomas, Council President
216-941-1508 or office@stepremte.org

V. Rev. Fr. Yves Babich, Rector
216-524-6832 or ybabich@yahoo.com

Sunday Liturgy 10:00 Am

May

Schedule of Services

Divine Liturgy at 10:00am
Post-Easter Sundays

May 7th - Divine Liturgy Sunday of Paralytic

May 14th - Sunday of Samaritan Women

May 21st - Sunday of the Blind Man

May 28th – Father's of the 1st Council

PASCHAL SEASON

Easter time is the period of 50 days, spanning from Easter Sunday to Pentecost Sunday (The Descent of the Holy Spirit). It is celebrated as a single joyful feast. Each Sunday of the season is treated as a Sunday of Easter.

Paschal season is a festal season in the liturgical year of Christianity that focuses on celebrating the Resurrection of Jesus Christ

This period of great festivity and joy finds its liturgical expression in the following manner:

1. We greet each other with the Paschal salutation, "**Christ is Risen! Indeed He is Risen!**" for 40 days, until Ascension Day.

2. The fasting rule for Bright Week is easy to remember — **do not fast!** All foods are permitted until the second Wednesday after Pascha, Gluttony, however, is a temptation, and there is never a blessing to overeat.

3. **We do not kneel** or make prostrations either at church services or in our homes until the "Kneeling Prayers" at Pentecost.

4. The Paschal Troparion, "**Christ is Risen from the dead**" is sung or said at the beginning or end of all prayers until the Leave-taking of Pascha on the Eve of Ascension.

Christ is Risen from the dead, Trampling down death by death, And upon those in the tombs Bestowing life!

5. The prayer, "**O Heavenly King**" is not said until Pentecost, being replaced with the Troparion of Pascha and then Ascension.

Welcome Guests

Communion can only be given to baptized Orthodox Christian. All are invited to come forward at the end of the service to receive the blessed bread. Please stay after the service for coffee hour in the Fellowship Hall so we can better get to know you, and answer any question you may have about the Orthodox faith.

Confessions

Please come to confession **after the Sunday Liturgy**, because there is not enough time before the Sunday Divine Liturgy.

For the Health & Well-being of

Please remember them in your prayers. May God give them strength to endure and get well.

NAME - To add the name to the prayer list, leave a voicemail 216-941-1508 or email Victor at office@stepremte.org

Departed

May their memory be eternal!

NAME -To add the name leave a voicemail 216-941-1508 or email Victor at office@stepremte.org

Altar Wine



If anyone would like to donate to Altar Wine; a donation of \$10 per bottle can be made in the name of the departed, or for the health of a family member. Please, contact Victor by a voicemail at 216-941-1508 or email at office@stepremte.org .



Church Bread

If anyone, would like to donate \$20 for the Altar Bread in the name of a departed or for the health of their family please contact Victor by a voicemail at 216-941-1508 or email at office@stepremte.org

Question for Father Yves



Father Yves placed a jar where you can drop in your questions regarding anything you like to learn or hear during our services. The jar is located by Holy Water.

HANDY LITTLE CHART YOU SAY GOD SAYS BIBLE VERSES

You say: "It's impossible" God says: All things are possible (Luke 18:27)

You say: "I'm too tired" God says: I will give you rest (Matthew 11:28-30)

You say: "Nobody really loves me" God says: I love you (John 3:1 6 & John 3:34)

You say: "I can't go on" God says: My grace is sufficient (II Corinthians 12:9 & Psalm 91:15)

You say: "I can't figure things out" God says: I will direct your steps (Proverbs 3:5- 6)

You say: "I can't do it" God says: You can do all things (Philippians 4:13)

You say: "I'm not able" God says: I am able (II Corinthians 9:8)

You say: "It's not worth it" God says: It will be worth it (Roman 8:28)

You say: "I can't forgive myself" God says: I Forgive you (I John 1:9 & Romans 8:1)

You say: "I can't manage" God says: I will supply all your needs (Philippians 4:19)

You say: "I'm afraid" God says: I have not given you a spirit of fear (II Timothy 1:7)

You say: "I'm always worried and frustrated" God says: Cast all your cares on ME (I Peter 5:7)

You say: "I'm not smart enough" God says: I give you wisdom (I Corinthians 1:30)

You say: "I feel all alone" God says: I will never leave you or forsake you (Hebrews 13:5)

The first sentence is pretty powerful!
God determines who walks into your life....it's up to you to decide who you let walk away, who you let stay, and who you refuse to let go."

Popadija's Corner

HOW TO MAKE PROSPHORA ALTAR BREAD

Kathy, wife Father Yves is also known also as Popadija



INGREDIENTS:

Regular white flour = 6 cups
Water = 2- 1/2 cups
Yeast = 1 Tbsp. or (1 pkg. dry yeast)
Salt = 1 tsp.
Temp 350 45 min. to 1 hour

Obtain a prosphora seal and seek ROSPHORA training. Your priest can advise you on both those points.

DIRECTIONS:

Dilute yeast in warm (not hot) water to activate yeast
Add salt, then half of flour and stir
Mix remainder of flour until dough is firm, then Knead until dough is smooth
Place in a bowl, cover and let rise. (about 1hr)
When double in size, knead again
Make 2 pieces of dough, one on top of the other
Place both in a pan that has been flowered.
Dip the seal in flower and stamp dough
Keep seal on bread until ready to bake. (doubled in size)
Remove seal and bake for 1 hour at 350 degrees
Once baked wrap in clean cloth while cooling so crust will soften.
Place bread in freezer bags.



PROSPHORA SEAL

Renovation Update

Special thank you goes to Ervin Toska and his construction team for his generosity of remodeling the women bathroom. Volunteers are needed to wash the marble tile walls. Please contact Victor.



VOLUNTEERS NEEDED

If you or someone you know is interested on volunteering, please email Victor at office@stepremte.org.

SAVE THE DATE: Upcoming Events

International Orthodox Christian Charites event

On May 8th, 2023 the 31st Anniversary IOCC Annual Banquet will be held at Woodside Event Center Broadview Hts.

This event will fund feeding and helping people in need around the world.

Tickets are \$60.00 each. If you cannot attend, please consider making a donation. Please see Popadija Kathy for tickets and for making donations. Please plan to attend!

What happened to the Apostles after Pentecost.

According to Tradition, the apostles were guided by the Holy Spirit to cast lots, so as to divide up the world and to determine who would go where, for the sake of preaching the Gospel of Jesus. They suffered greatly

for the Faith and in most cases met violent deaths on account of their bold witness.

The New Testament tells of the fate of only two of the apostles: Judas, who betrayed Jesus and then went out and hanged himself, and James the son of Zebedee, who was executed by Herod about 44 AD (Acts 12:2).

PETER was martyred in Rome about AD 66 during the persecution under Emperor Nero. Peter was crucified, upside down at his request, since he did not feel he was worthy to die in the same manner as his Lord.

ANDREW went to the "land of the man-eaters," in what is now the ex-Soviet Union. Christians there claim him as the first to bring the Gospel to their land. He also preached in Asia Minor, modern-day Turkey, and in Greece, where he is said to have been crucified.

THOMAS was probably most active in the area east of Syria. He preached as far east as India, where the ancient Marthoma Christians revere him as their founder. He died there when pierced through with the spears of five soldiers.

PHILIP possibly had a powerful ministry in Carthage in North Africa and then in Asia Minor, where he converted the wife of a Roman proconsul. In retaliation the proconsul had Philip arrested and cruelly put to death.

MATTHEW the tax collector and writer of a gospel book, ministered in Persia in Asia and Ethiopia in Africa. Some of the oldest reports say he was not martyred, while others say he was stabbed to death in Ethiopia.

BARTHOLOMEW had widespread missionary travels: to India with Thomas, back to Armenia, and also to Ethiopia and Southern Arabia. There are various accounts of how he met his death as a martyr for the Gospel.

JAMES the son of Alpheus, is one of at least three James's referred to in the New Testament. There is some confusion as to which is which, but this James is reckoned to have ministered in Syria. The Jewish historian Josephus reported that he was stoned and then clubbed to death

SIMON THE ZEALOT ministered in Persia and was killed after refusing to sacrifice to the sun god.

MATTHIAS was the apostle chosen to replace Judas.

He went to Syria with Andrew and to his death by burning.

JOHN is the only one of the company generally thought to have died a natural death from old age. He was the leader of the church in the Ephesus area, now in west Turkey, and is said to have taken care of Mary the mother of Jesus in his home. During Domitian's persecution in the middle 90's, he was exiled to the island of Patmos, in modern-day Greece. There he wrote the last book of the New Testament--the Revelation. An early Latin tradition has him escaping unhurt after being cast into boiling oil at Rome.

Bio of Fr. Yves Babich

St. E Premte office church is blessed to have Fr. Yves Babich who is currently proudly serving all of us. Please, read below to get to know more about our priest.

Very Rev. Father Yves C. Babich was born in Colmar, France on August 6th, 1950. Father Babich immigrated to the United States on July 4th, 1956, and became a United States citizen in 1969. Father Yves graduated from Finney High School in Detroit in 1969, and went on to Macomb Community College, in Warren, Michigan. Father Yves served in the U.S. Air Force from October 1974 to August 1976 as an Administration Specialist, and finally attended St. Tikhon's Theological Seminary, South Canaan, Pennsylvania, and graduated from the seminary in 1980.

Father Babic married his wife Katharina on September 9th, 1980. Together they have two children, Anna and Nicholas, and one grandson Jack. Father Babic also works at NASA Glenn Research as a contractor. He is a Designer Draftsman and contributes freelance artwork for Orthodox magazines.

Most recently, Father Babic has served at the following churches: St. Theodosius Cathedral, Cleveland, Ohio, St Michaels Orthodox Church, Broadview Hts., Ohio, and Sts. Peter and Paul Orthodox Church, Lakewood, Ohio.

Father Yves was granted retirement as of June 2018 and was attached to Holy Trinity Church in Parma, Ohio by Bishop Paul, Bishop of Chicago and the Midwest. Some of the honors awarded to Father Yves include the Gold Cross by the Holy Synod in September 2002 by Archbishop Job. Elevation to Archpriest by the Holy Synod in June 2006 and by Archbishop Job in 2007. Awarded the Jeweled Cross by the Holy Synod in 2012 which was given to Fr. Ives by Bishop Sava in 2014.